

Reports

Malaria card: an empowering tool for patients and for epidemiological recording

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Malaria places a substantial burden on the tropical and subtropical regions of the world. World Malaria Report 2020 showed that the progress in global malaria control has come to a plateau. On the other hand, India has shown considerable progress in reducing its malaria burden. Malaria surveillance system mainly depends upon health workers who are also involved with other national health programs. Community participation can play significant role in success of any control/elimination programme. Epidemiological monitoring and record keeping of disease occurrence and control programmes is important. We have designed and proposed a simple booklet called “*Malaria card*” which when deployed in the community, can potentially result in improved malaria tracking and record-keeping. The malaria card like immunization card for under-five children, can be utilized to capture information on important aspects of malaria and co-morbidities. It will help communities in maintaining their own record and also will give easy access to health care workers to episodes of malaria and for epidemiological tracking.

Malaria continues to be a public health problem for India. However, in recent years India has displayed remarkable decline in cases and deaths due to malaria as per World Malaria Report 2020 (WMR) from 20 million cases in 2000 to about 5.6 million in 2019.¹ The reported data by the national programme also exhibited a drop in the cases (from 2 million cases in 2000 to 0.33 million cases in 2019).² Out of overall 0.18 million malaria cases reported in 2020, 0.11 million (63.3%) were due to *Plasmodium falciparum* and more than 66000 (36.7%) were *Plasmodium vivax* malaria.³ In India, malaria distribution is heterogenous and disproportionately present in under-served, remote, tribal, forested, inaccessible and backward geographical areas in malaria endemic states. In addition to higher receptivity and vulnerability, these places also suffer from sparsely present and frail healthcare system. In high transmission areas, multiple episodes of malaria in the same individual are common especially in young children and pregnant mothers due to partial immunity and increased susceptibility.^{4,5}

The cadres of healthcare workforce like primary care workers (ie. auxiliary nurse midwife (ANM) and multipurpose workers (MPW)), community healthcare workers (HCW) (ie. Accredited Social Health Activist (ASHA), Anganwadi workers (AWW), and health volunteers are trained differentially and equipped in a manner appropriate to their expertise and involvement in the community to suspect, detect, treat and report malaria cases.⁶ Surveillance system continues to be paper-based system, with multiple forms and monthly aggregated data being added up from sub-center to Primary Health Centre to block level and ultimately to district which is the administrative unit for malaria control operations. ASHA and AWW being grassroot workers

are entrusted with many responsibilities of other national programmes for example mother and child health services. Thus, it is impractical to expect them to recollect or carry records on her person of each and every case of malaria occurring in the community while making home visits. Also, malaria affected, poorly educated and illiterate communities are oblivious to details of malaria infection, diagnosis, species of parasite, treatment they are being given by HCWs or sometimes even the number of times they have suffered from malaria. This ignorance puts them at an added disadvantage and robs them of self-awareness of their health status. The lack of knowledge also prevents them from seeking healthcare elsewhere, especially if they are away from their native villages.

In order to empower the malaria affected individual and families, and aid the health care system in record keeping of the malaria cases, we propose deployment of ‘*malaria card*’ as a simple solution for health and epidemiological record keeping (Figure 1). These cards can be used for malaria as immunization cards are used for under-five children. The malaria card intends to capture important information from patients such as basic demographic details, blood group of the individual along-with co-existing health conditions that have an impact on malaria or its treatment.

The malaria card is to be filled by healthcare workers (same as immunization cards are filled by the medical personnel at the vaccination sites) who ensure validity of the data entered. Since all malaria cases are diagnosed by either rapid diagnostic tests or microscopy, these malaria data are captured by the public health system already. The malaria card can be bilingual or trilingual keeping the flexibility of inclusion of vernacular language for ease of the community.

Front Cover

Page 1

Date:.....

Name:.....

Age:.....

Gender: M/ F/ Others

Identification
(Aadhar/ Voter card/Driving License/ RPL Card)

Address:.....

Contact No:.....

Blood group*:.....

Sign of the card holder

* Based on the information provided by the card holder

Page 2

Patient (known Case of):

Known allergic to*:.....

Diabetes*: Y /N/ Don't know

Hypertension*: Y /N/ Don't know

G6PD deficiency*: Y /N/ Don't know

Sickle Cell anaemia*: Y /N/ Don't know

Thalassemia*: Y /N/ Don't know

* Based on the information provided by the card holder

Page 3

Date:..... Place:.....

History of malaria anytime: Yes/No

If yes, date:.....

Record Available: Yes/No

Travel History (last 15 days)/: Yes/No

If Pregnant woman, weeks:.....

Location: Health care facility / Community

RDT: Yes/No

Microscopy: Yes/No

Any other (e.g. PCR):.....

Result: Positive/Negative

If positive, by:.....

Species	Dates	Treatment taken(Y/N)
Vivax		CQ PQ
Falciparum		ACT PQ

* Based on the information provided by the card holder

Back Cover

Figure 1. Malaria card

It is passport size (4.921 x 3.465 in), made of thick paper in a booklet form and will allow easy handling with minimum wear and tear. From a public health perspective, the **malaria card** will capture:

1. Information on recurrent episodes of malaria per patient.
2. Confirmation of malaria via diagnostic test (RDT/microscopy/PCR) and details of subsequent treatment will inform about compliance to national guidelines.
3. Information on parasite species especially *Plasmodium vivax* must prompt health care worker to ensure complete radical treatment with primaquine thus preventing relapses.
4. Drug compliance for both *Plasmodium vivax* and *Plasmodium falciparum* malaria cases. Treatments taken with pictorial depiction of regime completion is easy to use. Information on hemoglobinopathies and enzyme deficiency disorders like G6PD deficiency that influence choice of treatment like primaquine in the backdrop of risk of hemolysis. Documentation of this vital information would create a long lasting record that will be useful for any future antimalarial treatment and other health situations.
5. Demographic details will deduce age and sex distribution along with geographical clustering of cases.
6. Travel history will indicate threat of import/export of malaria cases.
7. Information on pregnancy status.
8. Death record.

In addition to the above, collateral benefits could also be harnessed like easy access of communities to documented proof of malaria episodes rather than relying on memory and its pitfalls. In this era of digital health records, malaria

card would make its place as a parallel health record for the ease of the communities who will be empowered with their malaria information. There is also a scope of harmonization of malaria card data with the routine data of healthcare system as the same healthcare worker who is responsible for that section of community makes home visits and maintain records at the health centre. The two sets of information can be synchronized and strengthened by each other. Integrated surveillance and control operations of malaria, visceral leishmaniasis and lymphatic filariasis has been proposed in co-endemic areas.^{7,8} Immunization cards have been in use since decades in India and elsewhere and have been the backbone of maintenance of vaccination record of children with the parents. Immunization cards have been effectively implemented and contributed to control of diseases such as diphtheria-tetanus-pertussis.⁹ Recently, Covid-19 immunity passport has been proposed to be incorporated in not only the health systems but also for international travel¹⁰ though its global implications and challenges are being widely discussed.^{11,12} Paper records such as passports and numerous other government cards are highly valuable in developing countries like India where centralized digital health records are distant yet. However, once the malaria card gets accepted and as digitization grows, the proposed malaria cards can be used to transfer their information into digital banks just as for international travel passports.

CONCLUSIONS

The malaria card can indeed serve as an integrated health record in malaria endemic regions. It has the potential to become a valuable asset to the national malaria control programme. It will also provide a sense of gravity and owner-

ship to the communities especially in the remote and inaccessible areas of India. It can give impetus to the national malaria elimination goal and bring a sense of partnership in the community towards that goal. It will help communities in maintaining their own record and also will give easy access to health care workers to the previous episodes of malaria and will assist in epidemiological tracking. We thus believe that providing **malaria cards** to all malaria affected communities would be of high utility to those afflicted, for the overall healthcare system and for epidemiologists.

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AS conceptualised the idea and provided critical inputs, MR

wrote the draft, PM and JK designed the card and all authors read and approved the final manuscript.

COMPETING INTERESTS

The authors completed the Unified Competing Interest form at www.icmje.org/coi_disclosure.pdf (available upon request from the corresponding author) and declare no conflicts of interest.

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